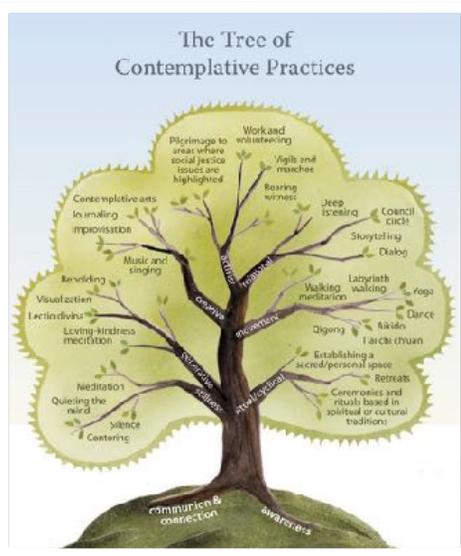


ELDERSHIP TODAY

April 23rd – 29th, 2023 – Farfa, Italy



This is a Workshop for:

- those wanting to become aware of the depth and meaning of the second half of life.
- people coming together to share and hone their skills in eldership, in 'seeing' life in a non-dualistic way.
- anyone dealing with the process of aging and a wonderment of what lies beyond.
- those who are touched by the mysteries within everyday life.

If you'd like to develop eldership qualities and tools for yourself and your community, this retreat is for you.

Unity with All

This workshop would like to help us become aware of the dominant dualistic nature of our lives today and contrast it with the understanding we glean from millennia old insights and awareness. Using textual excerpts from the Bhagavad Gita and its interpreters, poetry of Rumi and Hafez, and also excerpts from other, mystical and spiritual texts, we'd like to use this workshop to enter deeper into our innermost nature, what some call our true Selves, others essence and soul.

The wisdom traditions of the last 5000 years of recorded history speak unanimously about the goal of life being a reuniting with One consciousness. This One consciousness is called by the Quantum Physicists the Implicate Order, by modern scientists Nature, by many religious organizations God, Allah, Yahwe, by LaoTzu the Tao, by the mystics the One, by some sufis Being. All these signifiers or words point to Non-Duality, a state of being beyond the comparative world of good and bad, right

There is a voice that
doesn't use words.
Listen



The Inner Journey

From Role to Soul: The Inner Work of Age (Connie Zweig); from Aging to Sage-ing (Reb Zalman Schachter-Shalomi) & Falling Upwards (R. Rohr)

The Wisdom of Clay, Poetry & Yoga

Learn from master potter Madeleine how to let clay work on you and you on it. Allow yourself to be your creative, artistic self. Learn from poetry and connect with your body through Yoga and movement.

The fee includes full board & lodging, program materials & tuition, beginning with dinner April 23rd until lunch April 29th, 2023

- * **For more information and registration go to:**
- * www.eldershipacademy.org
- * **Or write to:**
nader@eldershipacademy.org

and wrong, success and failure. However, it is this comparative world within which most of us live today.

The second half of life is understood by these wisdom traditions as the time when we reconnect to the unity of all, reconnect to One consciousness. While all we encounter in the world is transient, is changeable, only Being is unchangeable, continues onward whether we are embodied or not. This is why mystics, for example, understand the reunification with the One consciousness as human beings' the only real worthwhile task of our earthly lives.

Each day will build on the other and successively we want to explore together how we might move, as Rumi tells us, into the field beyond wrongdoing and rightdoing – let's meet there.

Meet our Team

Nader Shabahangi, PhD, MFT, PW Dipl.

Coach, author, psychotherapist, and yoga instructor. Nader is a graduate of the Deep Democracy Institute and lifelong student of ProcessWork. He specializes in revisioning aging and new ways to understand forgetfulness (dementia) and eldercare.

Madeleine Cunningham

Professional Studio Potter. Facilitated workshops for many years in Greece and Wales. Practitioner in Swedish Massage and Aromatherapy. A student of process work, she has studied with many different teachers of alternative approaches to understanding life.

Farfa Abbey – Via del Monastero, 1, 02032 Farfa, in Sabina RI, Italy.

Join us in Farfa, a medieval Italian village, close to Rome. In the heart of the Sabine hills. A place full of peace and simplicity.

Register By December 31 (Discount 125 Euro)

After December 31, 2023

1400€ Double room
1550€ Single Room

Limited work-study scholarships are available for those needing financial assistance – please inquire with Michelle, our workshop administrator. See website for more details and update on Covid policies.