

10AM - 4:45PM
DECEMBER 7TH, 2019
NADER SHABAHANGI, PHD, MFT, RCFE

EXISTENTIAL-HUMANISTIC INSTITUTE WORKSHOP

ENVISIONING ELDERSHIP

Embracing a Joyous View of Living and Aging
An Existential, Process-Oriented Approach

@ The Center SF, 548 Fillmore St, SF

Integrating existential-humanistic and process-oriented philosophy and methodology with the latest research in gerontology, this workshop will help participants understand the concept and practice of eldership and invite them to reflect on their own beliefs about adulthood and aging.

Participants will explore possibilities for developing new identity constructions and frameworks for conceptualizing aging, as well as meaning and purpose in old age. This new perspective can support not only psychotherapists but also any any person who is interested in more effectively working with elders and themselves. This approach and learning also contributes to the health and well-being of individuals and communities in general.

Therapeutic Professionals & General Public Welcome!

Regular Ticket- \$155 & Student/Elder Ticket- \$135

Registration links:

On homepage: www.ehinstitute.org

On events page: www.thecentersf.com/events