

Join us as we learn to embrace our own aging and how we can continue to contribute to our ever-changing society with Eldership – at any age!

Eldership Retreat Farfa, Italy

Using art, poetry, literature, story-telling, self-reflection, and yoga to tap undiscovered regions of the mind, body & soul.



SEPT 10-17, 2018 • FARFA, ITALY

This residential retreat will teach concrete skills to address our anti-aging and fear of aging attitudes that devalue the role of eldership. You will explore, in a fun and creative atmosphere, how to continue to be an active participant and guide in our communities.

www.eldershipacademy.org/eldership-residential-italy

The Eldership Residential Retreat

Who are we and how do we fit into this modern world today? The idea and skill of “eldership” provides a guidepost for all who yearn for consciousness in these turbulent times. In this seven-day residential retreat we will explore Eldership as an attitude we can learn and practice at any age.

For youth to mature elders; all coming together to share and hone their skills in eldership.

For people of any age desiring a life of meaning with an eldership-informed awareness.

For those who are searching for mysteries and wonder that lie beyond everyday life.

For providers and professionals in the field of eldercare.

Venue

Farfa Abbey- Via del Monastero, 1, 02032 Farfa, in Sabina RI, Italy.

Join us in Farfa, a medieval Italian village, close to Rome. In the heart of the Sabine hills, a place full of peace, serenity and simplicity.

For inquiries, please email us at: info@eldershipacademy.org.

Meet our Team



Madeleine Cunningham

Professional Studio Potter. Facilitated workshops for many years in Greece and Wales. Practitioner in Swedish Massage and Aromatherapy.



Nader Shabahangi, PhD

Trainer, author, psychotherapist, yoga instructor & coach. Manages and develops eldership communities in California.

Residential Cost

The fee includes full board & lodging, programme materials & tuition beginning with dinner September 10th until lunch September 17th, 2018.

Register By June 1	Register After June 1
895€	975€
995€	1075€
1095€	1175€

Room Type
Part of 4-bed room
Part of double room
A single room

For more information visit us at: www.eldershipacademy.org/eldership-residential-italy