

The World is Changing - are You?



Join us in Italy

august 31st - september 6th

In this residential workshop we will explore who we are as individuals and how it is we live and cope in a rapidly changing world. What does the world want and need from us? What do we need from the world? Learning ways to pay attention to what our own self communicates to us everyday, along with experiential exercises such as deep listening and reflection, guided visualizations, arts, yoga and body explorations, we will increase our awareness of who we are.

What matters to each one of us, really? As a community we will find ways to support each other in the continually evolving world of today.

It is increasingly difficult to recognize our home any longer in these times of global change.

- **Where** are we going?
- **What** needs to fall apart? To be created?
- **Where** are the guideposts to show the way?
- **How** can we support one another?
- **What** walls are needed, Which are not?
- **How** can you find your way in these changing times?

Dates

August 31 - September 6 2017

Venue:

Farfa Abbey
Via del Monastero, 1, 02032 Farfa in Sabina RI, Italy

Cost

1100 € part of 4-bedroom, 1200 € part of double room, 1300 € in single room. Early bird discount until June 15: 875 € 4-bed room, 975 € double room, 1075 € single room. The fee includes full board & lodging, programme materials & tuition beginning with dinner August 31st until lunch September 6th.

We want to welcome everyone. We have a few work study positions open if you need financial assistance due to your life circumstances. Please send us a request.

Transport

Nearest airport is Rome Fiumicino.

Questions & registration

Register early as seating is very limited, at the latest July 1st 2017

Please email us at:

farfa@eldershipacademy.org for further information. A questionnaire will be sent at registration for further details about transport and special needs.

www.eldershipacademy.org

www.ceciliaangelin.se

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Part One of a Four Part Series

This is a joint collaboration between us trainers and the diverse cross-cultural and educational backgrounds we bring to this program. Psychosynthesis, existential and process oriented psychotherapy, yoga, mythology, storytelling, bodywork and creative arts all will be available to us as modalities to deepen our understanding of ourselves. Our goal is that we learn concrete skills available to us when dealing with what we do not know and

with what is different from us. We ask questions such as how we encounter and understand what we are not accustomed to 'seeing' and 'hearing'.

Working with the rich diversity within ourselves, we look at understanding our inner and outer conflicts, helping us live with a greater degree of ease and joy in our lives.

Meet our team

Join us and allow our collaboration to teach, serve and inspire one another.



Cecilia Angelin

Trainer & psychotherapist from Sweden working with Psychosynthesis, mythology and bodywork



Rosi Robertazzi

Trainer yoga & art; storytelling, theatre, singing, poetry. Active in Italy, Norway & India.



Nader R. Shabahangi, Ph.D.

Trainer, psychotherapist & coach. Manages and develops eldership communities in California.



Winston Waterton

Life coach, thai massage practitioner and social worker for children and families.

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Farfa, a medieval Italian village in the heart of the Sabine hills close to Rome. A place full of peace, serenity